





## Global Institute of Ayurveda & Global Ayurveda Hospital

Managed By: Shri P. J. Mangrolia Charitable Trust

### **Ayurveda for People & Planet**

आयुर्वेद जन जन के लिए, पृथ्वी के कल्याण के लिए

# 10<sup>th</sup> Ayurveda Day



Rajkot-Bhavnagar Highway, Near Gadhaka Patiyu, Kasturbadham (Tramba), Rajkot 360020. Hospital Ph. 82381 89381 / Colleg Ph.: +91 79840 64660



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CWN:-GLA/PRIN/2025/248

Date: 11-9-2025

### Circular

Ref: F.No.Chairman/NCISM/2024/47 dated 04.09.2025

Subject:- 10th National Ayurveda Day Celebration

Event Theme: "Ayurveda for People and Planet" "(आयुर्वेदजनजनकेलिए, पृथ्वीकेकल्याणकेलिए)"

referewith all the Teaching Staff, Non-Teaching Staff, Hospital Staff, Intern and Students are informed to participate in the celebration of 10th National Ayurveda Day as per following schedule, with dedication & active participation as per guideline by NCISM, MOAYUSH & Gujarat Ayurveda University.

#### Themes to Celebrate:

- Ayurveda Aahara for Obesity'
- 'The Digital Transformation of Ayurveda Bridging Tradition and Technology'
- · 'Facts first, No false claims-Combating Misleading Advertisements in Ayurveda'
- "Integrating Cancer Care Ayurveda's Role"
- 'Little Steps to Wellness: Ayurveda Awareness for Students'
- · 'Ayurveda for Veterinary Health'
- · 'Ayurveda for Plant Health'
- 'Samhita Se Samvad: Media Partnerships for Planetary Wellness'

Sr No	Department	Faculty	Date	Event & Theme
1.	Panchkarma	Vd. DishitaPadia Vd. Gautham Jadeja Vd.Akash K	15/09/25	Medical & Wellness Camp including Ayurveda Speciality consultation, yoga session & diet advice at Gandhigram, Rajkot.
2	Kayachikitsa	Vd. Prakash Kale Vd. Sarjita Patel	16/09/25	Public Awareness Programme; Health Talk on Ayurveda for People and Planet.
3.	Panchkarma	Vd. DishitaPadia Vd.MrunalAkre Vd. Akash K	17/09/25	Medical & Wellness Camp including Ayurveda Speciality consultation, yoga session & diet advice at Geeta Mandir Junction Plot, Rajkot.
4	SwasthVritta	Vd. Snehal Patel Vd. Akash K	18/09/25	Public Awareness Programme- Street Play at Tramba Village /PHC on 10 <sup>th</sup> Ayurveda Day Theme.
5	Kayachikitsa	Vd.Sarjita Patel Vd.RiddhiSardhara Vd.Akash K	19/09/25	Medical & Wellness Camp including Ayurveda Speciality consultation, yoga session & diet advice at Mavdi Chowk, Rajkot.

Communication: 405, Shilp Tower, Nr. Bhakti Nagar Railway Station, Tagore Road, Rajkot 360002.

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6	DravyaGuna	Vd. MrunalAkre	20/09/25	Run For Ayurveda/Rally: Organizing a run across the country from GadhkaPatiyu to Tramba Village.
7	Seminar Committe	VdMalashreeGadadi	20/09/25	Guest Lecture by Vd. Kishor Chudasama: Ayurveda for Global Well-Being.
8	Prasuti Tantra &StreeRoga, KaumarBrithya	Vd.Sheetal Joshi Vd.NeenuKuzhikanda thil	22/09/25	School/CollegeOutreach Programme: Radhika School, Tramba &Bharad Vishwa Vidyapith, Rajkot-Bhavnagar Highway.
9	Cultural Committe	Vd. Jaydev Gamot	23/09/25	DhanwantariPoojan/Havan
10	RachanaSharir, RogaNidan, Swasthvritta,Dravy agun, RSBK	Vd.KunalGurav Vd.Anand S Vd.MrunalAkre Vd.Snehal Patel Vd.MinaksheeBagal	23/09/25	Exhibition Cum Mini Expo: Display of Prakriti Parikshan, Medicinal Plants, Ayurveda Formulations, Models & IEC Materials.
11	Samhita Siddhanth, RogaNidan	Vd. Bharat Sangle Vd. Anand S.	23/09/25	Student Wellness Programme: Organize Story Telling Sessions & Interactive Workshops for students.
12	Seminar Committe	Vd. Parvathy R. Warrier	23/09/25	Health Talk by Vd. Mehul Joshi on Ayurveda and One Health: Bridging Human, Animal and Ecosystem Balance.

Note: Ail the faculties/H.O.D's of respective department should organize events in co-ordination with concerned co-ordinators. The report of the event along with geotagged photographs should be send to the event co-ordinator on the same day itself for uploading on "Ayush Grid Portal" & micro website of Ayurveda day i.e. "https://ayurvedaday.org.in".

- · Event Co-ordinator: Vd. Anjana A.
- · Sub Co-ordinators: Vd.MrunalAkre, Vd.Snehal Patel, Vd. ChandaniAghara
- Individual Event Co-ordinators:

Event	Faculty Co-ordinator	Student Co-ordinator	
Medical & Wellness Camp	Vd. Pradip Rathore (R.M.O,GAH)	Atharva Lathiya	
Public Awareness Programme	Vd. Prakash Kale VdSnehal Patel	MeetanshuUpadhya	
Run For Ayurveda/Rally	VdMrunalAkre	Manoharsinh Jadeja	
School/College Outreach Programme	Vd. DharaDeliwala	DrashtiDolariya	
	Exhibition/Mini Expo		
Prakruti Pareekshan	Vd ShrutiC. Kathiriya	Vatsal Choksi	
Medicinal Plants Expo & Vegetable preparation	Vd. Riddhi Sardhara	Om Zala	
Pathya Aahar	Vd. Bhavin Chavda	Nishra Ghela	

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Model Display (Anatomy, Nidan, Dravya, Swasth)	Vd Gautham Jadeja	MrugaWagh		
IEC Material Display	Vd. Amruta A.T.	Amee Jivani		
Innovative Product Display	VdChandaniAghara	MeghaviSabapar		
Student Wellness Programme				
Ayurveda Story	Vd Bharat Sangle	Shayoni		
Interactive Workshop	Vd Anand S	Krina Moradiya		
Yoga, Meditation	Vd. Akash K	Atharva Lathiya		
Ayurveda Diet Demonstration	Vd. Bhavin Chavda	NishraGhela		

Vd. Anjana A. N.A D. Co-ordinator Vd. Vijay Telang Vice Principal & Academic Head Vd. Shreyas Bnalodia Principal & Med.Sup.

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- 1. All the concern Teaching Staff, Non Teaching Staff, & Hospital Staff
- 2. All the concern Students, Intern & Parents
- 3. Girls Hostel Rector.
- 4. Mr. Bhaveshbhai & Mr. Sureshbhai for auditorium & other arrangements.

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